

1400 W Millbrook Road Raleigh, NC 27612 (919) 420-2329

# Fall Preschool & Youth Programs

## **Preschool – Beginning Ballet**

Age: 3-4yrs. Class participants will learn the basics of ballet in a fun and positive atmosphere. Through a variety of different imaginative activities children will learn basic ballet feet and arm positions, jumps, and traveling dance steps. Each class is action packed and will include many manipulatives (bean bags, rhythm sticks, parachute, and more!). Bring a friend and come join the fun! DeAnna Stojn, Instructs. Class Fee: \$54

#111839 Sep 20-Nov 1 (skips 10/11) T 4:00-4:45pm

#111840 Nov 8-Dec 13 T 4:00-4:45pm

### Preschool – Mom and Me – Grooving to the Music

Age: 1-2yrs. Bring your favorite toddler and come join the fun! We will be moving and grooving to the beat while learning more about dance. Each fast paced class will include mom and me dances, bean bags, rhythm sticks, hula hoops, balls, and parachutes. This is a great action packed opportunity to build memories with your child (and learn different movement activities you can do at home with your child too!). DeAnna Stojin, Instructs. Class Fee: \$54

#111831 Sep 19-Oct 24 M 9:30-10:15am #111832 Nov 7-Dec 12 M 9:30-10:15am

#### Preschool Art - Mini Monets

Age: 18-30mos. This class introduces little ones to a variety of art materials through hands on learning. Discovery and creative play encourages the development of motor skills and group social skills. Parent/caregiver attends with child; only child should be registered for class. Michelle Davis, Instructs. Class Fee: \$54

#112131 Sep 23-Oct 28 F 9:30-10:30am #112132 Nov 11-Dec 16 F 9:30-10:30am

## Preschool Art - Petite Picassos

Age: 3-4yrs. Classes will encourage the children to create unique works of art, as we explore different painting and craft techniques. Each week, we'll read a new book which will inspire our projects. No parent required. Michelle Davis Petelinz instructs. Fall class skips November 24. Class Fee: \$54

# Ages 3-4

#112133 Sep 19-Oct 24 M 9:30-10:30am #112144 Nov 7-Dec 12 M 9:30-10:30am

#### Ages 3-5

#112134 Sep 22-Oct 27 Th 9:30-10:30am #112145 Nov 10-Dec 22 Th 9:30-10:30am

### Yoga -Kid's Play in the Garden of Yoga

Age: 3-5yrs. Come and get happy by playing with yoga through movement, songs, games, and stories with the benefits of expanding creativity while developing body awareness, balance, and coordination. Have fun imagining yourself in a beautiful natural world—being a lion in the jungle, a lizard on a rock, a tree in the forest, or a dog at the park. Bring a yoga mat or blanket. Parent/Guardian do not need to stay but are welcome. Nancy Williams Instructs. Class Fee: \$45

#112973 Sep 21-Oct 26 W 10:00-10:45am #112974 Nov 9-Dec 14 W 10:00-10:45am

### **Art – Art Explorers**

Age: 5-6yrs. This class will explore a variety of techniques that allow for creative expression in a fun and supportive atmosphere. A selection of visual resources will be used to introduce styles, techniques, and artists, and as inspiration for some of the lessons. No sessions are ever the same! Class Fee: \$54

#112258 Sep 20-Oct 25 T 2:00-3:30pm #112259 Nov 15-Dec 20 T 2:00-3:30pm #112262 Sep 20-Oct 25 T 3:45-5:15pm

#112263 Nov 8-Dec 13 T 3:45-5:15pm



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### **Art - Color Expression**

Age: 7-9yrs. Freeing the imagination while training the eye and hand—students will enjoy creating colorful images in a friendly and supportive atmosphere. Paint, pastel and colored pencil will be explored. Anna Sanderson, instructs 8 sessions. Class Fee: \$70

#111915 Sep 20-Nov 8 T 4:00-6:00pm

#### Art - Get smART

Age: 7-9yrs. Explore a variety of media, such as painting, oil crayons, still life drawing, and illustration. This class is designed for discovery, self-expression, and having fun. No sessions are ever the same!

Class Fee: \$70

#112252 Sep 21-Oct 26 W 2:00-4:00pm #112253 Nov 9-Dec 14 W 2:00-4:00pm #112256 Sep 21-Oct 26 W 4:30-6:30pm #112257 Nov 9-Dec 14 W 4:30-6:30pm

## Art - Holiday Drop-N-Shop

Age: 5-10yrs. Sertoma presents the answer to your Holiday shopping dreams. Parents, drop your kids ages 6 to 12 off at the Sertoma Arts Center for our 'Drop-N-Shop' and enjoy a one day shopping spree, kid free! While you are marking names off your List, your kids will be enjoying making art gifts and a holiday movie. Please note, children will need to bring a lunch/snack. Registration is limited and required. Class Fee: \$20

#113178 Dec 10 Sa 10:30am-2:30pm

### Art - Kids Cartooning

Age: 10-15yrs. This class will focus on how to draw cartoon characters with complete backgrounds, and introduce students to the basic, core techniques of cartoonists, using pencils, pens and colored pencils. We will also learn how to come up with jokes and stories for our characters. Instructor, Richard Cloudt. Class Fee: \$70

#112852 Sep 19-Nov 7 M 4:00-5:30pm

#### Art - Learn to Paint

Age: 7-9yrs. This class will give children a starting point for learning how to paint. They will begin by learning the basics of color, brush strokes and painting media in order to transfer these techniques to acrylic painting on canvas. Students will paint from life as well as two dimensional references that they wish to bring in or borrow from the site. Julie Thomsen instructs. Class Fee: \$70

#### 7-9 years old

#112326 Sep 15-Oct 20 Th 2:00-4:00pm #112327 Sep 15-Oct 20 Th 4:30-6:30pm

# 10-12 years old

#112328 Nov 10-Dec 22 Th 2:00-4:00pm #112329 Nov 10-Dec 22 Th 4:30-6:30pm

# **Art – Spotlight on Famous Artist**

Age: 7-10yrs. Each week, we'll focus on the work of a famous artist or genre, and create projects inspired by them. Projects will include found art, kinetic sculpture, pop art posters, expressive masks, cut paper collage, oil pastel, portraiture, dream stories creatures, collage, poured acrylic painting and abstract composition. Michelle Davis Petelinz instructs. Class Fee: \$54

Art I

#113096 Sep 19-Oct 24 M 4:00-5:00pm

Art II

#113097 Nov 7-Dec 12 M 4:00-5:00pm



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#### **Art – Youth Miniatures**

Age: 8-12yrs. Members of the Raleigh Miniatures Guild are offering this exciting opportunity to learn the art of miniatures. Students will learn to make and take home a completed miniature room setting. This project will include making an upholstered chair, a braided rug, a wooden table, picture frame and more! Stop by Sertoma to see a sample project and an exhibit by Raleigh Miniature Guild members. A \$7 Supply fee is due to the Guild members on the first day of class. Class Fee: \$35 #112967 Nov 9-30 W 4:30-6:30pm

# Art - Watercolor Techniques

Age: 10-16yrs. Drawing skills will be strengthened and watercolor techniques introduced. Students will create paintings in a positive, supportive atmosphere. 8 sessions Anna Sanderson instructs. Class Fee: \$70

#111916 Sep 22-Nov 10 Th 4:00-6:00pm

# Dance - Ballet: Beginning

Age: 5-7yrs. Class participants will learn the basics of ballet and also encouraged to try more challenging and age appropriate ballet steps and dances. Class concepts are taught through a variety of different imaginative activities and dances. Each class is action packed and will include many manipulatives (bean bags, rhythm sticks, parachute, and much more!). No previous dance experience necessary so bring a friend and come join the fun. Deana Stojan instructs. Class Fee: \$54

#111837 Sep 19-Oct 24 M 2:30-3:15pm #111838 Sep 19-Oct 24 M 4:00-4:45pm #111841 Nov 7-Dec 12 M 2:30-3:15pm #111842 Nov 7-Dec 12 M 4:00-4:45pm

#### **Dance - Free Youth Dance Trials**

Age: 18-4mos. Thinking about trying out some of our preschool and youth dance programs. Well this is your chance! Bring a friend and get ready to move. There will a variety of different activities in each trial. You must be registered to attend. Deana Stojan instructs. Class Fee: \$0

# **Movement Class 18mos-4yrs**

#111847 Sep 10 Sa 10:15-10:45am

### **Beginning Ballet ages 5-7yrs**

#111848 Sep 10 Sa 11:00-11:30am

# Intro to Dance 8-10yrs

#111849 Sep 10 Sa 11:45am-12:15pm

#### **Dance – Intro to Dance**

Age: 8-10yrs. Each week will feature a different dance technique (jazz, improvisation, modern, ballet, lyrical, and a review). Classes will include warm up activities, stretches, exciting dance combinations, and dance games. Class is perfect for children thinking about dance or dance enthusiasts who would like to try a new dance form. Deana Stojan instructs. Class Fee: \$54

#111843 Sep 20-Nov 1 (skips 10/11) T 2:30-3:15pm #111844 Sep 20-Nov 1 (skips 10/11) T 5:00-6:00pm #111845 Nov 8-Dec 13 T 2:30-3:15pm #111846 Nov 8-Dec 13 T 5:00-6:00pm

# Youth/Teen Beginning Group Guitar

Age: 6-15yrs. Students will learn the basics of hand positioning, how to read music notation/tablature, as well as chord diagrams and riffs. Learn in a fun environment and jam with new friends! Student must bring their own acoustic or electric guitar. Class Fee: \$60

#112682 Sep 19-Oct 24 M 5:30-6:30pm #112684 Nov 7-Dec 12 M 5:30-6:30pm



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## Performing Arts – Acting for the Stage

Age: 8-16yrs. Students will build acting skills through theatre games, improvisations, monologues, and scenes. A short performance for both classes will conclude each session. Cathy Minjkives teaches drama and technical theatre for Wake County Schools. Class Fee: \$54

#115354 Sep 24-Oct 29 Sa 10:00-11:15am #115355 Nov 12-Dec 17 Sa 10:00-11:15am

# Pottery - Handbuilding for Children

Age: 5-8yrs. Children work with real clay and learn various methods of constructing pottery, such as pinch, coil, and slab to form their own unique creations. Pieces will be glazed during the last class so don't miss it! Student's can pick up finished work after course is completed. Instructor, Mira Casile. Class Fee: \$52

#112983 Sep 7-28 W 4:15-5:30pm #112984 Sep 8-29 Th 4:15-5:30pm #112985 Oct 5-26 W 4:15-5:30pm

## Pottery -Holiday Gifts by Young Potters

Age: 5-10yrs. Students will learn basic handbuilding techniques in order to create two unique holiday gifts: a funky plate or platter for goodies or snacks and an enclosed candle holder. Pieces will be decorated and glazed during the second class and left for firing. Finished pottery will be available for pickup the next week. No previous clay experience necessary. Mira Casile instructs. Class Fee: \$26

#112990 Nov 9-16 W 4:30-6:00pm #112991 Nov 10-17 Th 4:30-6:00pm #112992 Nov 30-Dec 7 W 4:30-6:00pm #112993 Dec 1-8 Th 4:30-6:00pm

# Yoga - Child's Play at Yoga Around the World

It's a small world after all, so let's get to know it and ourselves. Come enjoy creative exercise and movement with stories and music for after school fun. Yoga develops coordination and strength, balance and flexibility, while building confidence and self-esteem for their bodies, their health, and their minds. Bring a yoga mat or blanket. Nancy Williams, instructs. Class Fee: \$45

#### **Sertoma Arts Center**

# Ages 6-9

#112975 Sep 21-Oct 26 W 4:00-4:45pm #112976 Nov 9-Dec 14 W 4:00-4:45pm

### Yoga - Yoga as you Grow

Age: 10 -13yrs. Exercise fun with music and yoga poses to stretch and strengthen, sharpen and expand awareness of themselves, their world, and their imagination. Now is a good time to learn how yoga helps to cope with stress and difficult situations through focus and breathing techniques. Bring a yoga mat or blanket. Nancy Williams Instructs Class Fee: \$45

Sertoma

#112977 Sep 21-Oct 26 W 5:00-5:45pm #112978 Nov 9-Dec 14 W 5:00-5:45pm



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# Youth Performing Arts - Raleigh Children's Orchestra

Age: 6-13yrs. The Raleigh Children's Orchestra is a multilevel string orchestra for students in grades 1-7, who have played for 6 months or more. The orchestra provides a rare opportunity for young players to rehearse and perform in an orchestra setting. Each semester begins anew with the learning of new pieces of music, culminating in a free public concert for friends and family. Students provide their own instruments, music stand, and 3 ring binder. Students who wish to join RCO for the second half of the semester may do so on March 3 (Winter/Spring Term Only) Summer only has 1 full term Director: Ilse Mann. Concerts: Fall: November 17. Class Fee: \$108

## **Full Program Registration**

#112601 Sep 8-Nov 17 Th 4:45-5:50am #112602 Sep 8-Nov 17 Th 5:50-7:00pm

### **Concert for Registered Students**

#112603 Nov 17 Th 7:00-9:00pm

### **Music for Kids**

Come jump on in and Boogie Woogie on down! Our little bugs will shake. Rattle and roll discovering different rhythm instruments, exploring creative movement, interact with storytelling & puppetry, and build confidence through dramatic self-expression. Each session will be focused on seasonal topics. Classes help children develop their language & literacy, social-emotional, cognitive, physical, and aesthetic Development. Each child must be registered. Instructor Miss Nikki is currently completing her Musikgaten certification. She is a certified music and movement specialist and a member of the Early Childhood Music and Movement Association. Class fee: \$54

#### Free Trial

#115767 Sept 17th Sat 11am-12pm

### Ages 2-3 parents should attend

#115765 Sept 21-Oct 26 Wed 10:45-11:30 #115768 Nov 9 - Dec 14 Wed 10:45-11:30

### Ages 4-6 no parent required

#115766 Sept 21-Oct 26 Wed 11:45-12:30 #115769 Nov 9-Dec 14 Wed 11:45-12:30